## **OBBT SWIM TEAM**

# **Meet Information Guide**

All swimmers should wear a competition SUIT (team suit or plain suit), GOGGLES and a CAP for all girls. No rashguards, baggy swim trunks, etc. – these make racing more difficult.

#### What should we bring?

Essentials for an outdoor meet: SUIT/CAP/GOGGLES! Also, a camp chair/blanket, sunscreen, BUG SPRAY, towel, water bottle, a healthy nut-free snack or two, a sharpie to write down events, something to do in between swims (cards, games, madlibs), a change of clothes, and even an umbrella if it looks like rain. Use caution if you decide to bring electronics – wet kids and iPads can be a tough combo!

## **Meet TIMELINE for all Regular Meets:**

Arrive 4:45pm/Warm Up 5pm/Meet Starts 6pm

All meets require POSITIVE CHECK IN. This means your child needs to highlight their name and event numbers listed next to their name when they arrive. If they fail to do so, they will not be able to swim. Always double check!

#### How will my child know when they will swim?

There is a bullpen parent assigned to each age group that will help organize the kids to line up for their races.

### When can my child leave?

You and your child can leave any time after their last event. <u>Please always double check with a coach to be sure they have finished</u>. They may be swimming in a relay that does not list their name on the heat sheet!

IMPORTANT TIP: The Coaches will select which events your children will swim – they do this with careful thought regarding your child's speed and skill level. Your child must swim the events they are entered in, especially RELAYS.

Questions? Email me: lara@fivestarrecruiting.com